

Listen, Laugh and Learn with Susan Brender and her guests on

“V” for Vitality

Wellness through the Arts

“V” for Vitality is a new podcast/radio program focusing on the Power of the Arts to create wellness in our daily lives.

The arts are both precious and transformative. The arts lift us and free us from the weight of the world, allowing us to connect to something larger than ourselves.

“V” for Vitality focuses on people who use their art form to transform their lives and the lives of others. Guests will range from arts celebrities to the person on the street, vital people who have a powerful story to tell.

Debuts Spring 2011

Listen live every week on **womensradio.com**

Listen anytime online at

ExploreDance.com

SCR&DCommunications.com.

Susan Brender is a creative multimedia and television producer and communications professional. Her diversified experience includes marketing for the arts, producing political, entertainment and business programs. As a TV producer, she has worked for CNBC, MSNBC and WBIS (the Wall Street Journal Report) with well-known entertainers, such as Charles Grodin, Phil Donahue and many others.



Susan’s love and passion for the arts have brought her into the dance and nonprofit world where she spins her skills as a communications specialist to bring dance/movement, music and the performing arts to a variety of constituents. Susan is currently a programming and communications consultant for many organizations nationwide, developing innovative educational arts and wellness programs for youth and adults.