

# Discovery Meeting #22

## Sep 19, 2011

### Notes



Photograph by Jennifer Roth

**Our previous Discovery Meeting, September 19, was hosted by Peggy Huddleston at her residence in Newton.**

Attending were Pamela Amiralian, Susan Bayley, Holly Campbell, Joan Caplan, Andree Cordella, Linda DeHart, Carol Gallagher, Chris Graefe, Suzanne Hanser, Linda Rapuano. Teleconferencers: James Cavanaugh, Pattie Heyman, Pati Stillwater.

Peggy presented recent research on her book, ***Prepare for Surgery, Heal Faster***, which was received with great interest and lively discussion. More information is available at [www.HealFaster.com](http://www.HealFaster.com) where there is a summary of Peggy's program, videos, research, a 45 minute, interview, and free download of Chapter One of the book, containing The Five Steps to Prepare for Surgery.

**News from Susan Brender, first Discovery "Spotlight Presenter" at our March 14 meeting:**

At Susan's presentation, she announced her new podcast/radio show, **"V" for Vitality**, focusing on The Power of Art in people's lives. Susan's programs are now available on [womensradio.com](http://www.womensradio.com) where you may listen to her interviews of actress Ellen Burstyn, yoga guru Matt Sanford and more:

<http://www.womensradio.com/search.html?q=susan+brender&x=0&y=0>

Congratulations, SUSAN!

**If you would like to host a Discovery Meeting...**

In our new format, The Discovery Meetings are being hosted by our member participants who have a program or topic they would like to share with others. For information on hosting a meeting, contact Linda DeHart ([dehartart@gmail.com](mailto:dehartart@gmail.com)) or Susan Bayley ([sabayley@cox.net](mailto:sabayley@cox.net)).

We look forward to seeing everyone on October 24!

By Susan Bayley for Discovery Meeting • [www.discoverymeeting.org](http://www.discoverymeeting.org)