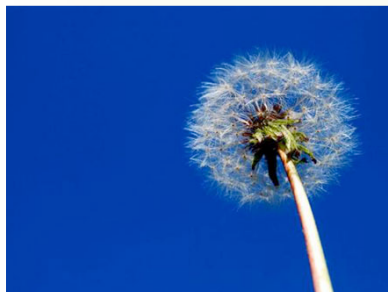


Discovery Fun & Focus, Meeting #6

December 8, 2009

Minutes



Photograph by Jennifer Roth

Holiday Gathering and Meeting at The Meme Offices

Present: Susan Bayley, Sandra Bertman, Richard Borofsky, Jona Bostwick, Holly Campbell, Rita Cleary, Susan Collyer, Chris Cutler, Linda DeHart, Joan Drescher, Gail Ellison, Peggy Fox, Chris Graefe, Pattie Heyman, Shannon Jamieson, Bill Kennedy, Linda Kenney, Nancy Lippincott, Liz O'Brien, David Schachter, Eva Selhub, Adelaide Smith, Pati Stillwater, Arthur Stowe, Inge van Pelt, Pam Wilkins-Horowitz, Lisa Wong, Judy Young.

Attending Via conference phone: Michael Conforti

AGENDA

FUN 6:00 – 7:30

Sharing of food and stories

FOCUS 7:30 – 9:30

Linda Welcome – What is the Discovery Meeting?

Dates of Next Meetings

Description of documentary project – James Cavanaugh, Filmmaker

Individual introductions – 1-2 min each

Documentary Discussion: Funding for documentary

Discovery Meeting Discussion

What is its potential (in addition to documentary)

PROCEEDINGS

The first part of the evening was devoted to conversation and delicious food offerings, allowing people to get acquainted with each other and with

documentary filmmaker James Cavanaugh, attending from Sausalito CA, and Gail Ellison from Gainesville FL.

At 7:30 we began the focus portion of the meeting. Linda Dehart welcomed everyone, then described the Discovery Meeting and the documentary project. Because of the large turnout, she moved directly to invite introductions to allow everyone to speak about their interest in the Discovery Meeting and the project.

People's presentations of themselves and their stories quickly revealed that there was a multi-faceted presence of experience, expertise, creativity and vision in the room. We were frustrated to discover that, by the time we completed the introductions, it was after 9:00 pm and we had little time for further discussion.

We asked everyone to write down their particular area of interest and/or contribution for us to compile. We also asked each attendee to take on some action(s) coming out of the meeting, whether personal, professional, or in connection with our projects, as a way of keeping the momentum rolling.

Following is a summary of each person's remarks. Also attached:

- Roster of Discovery Meeting participants with a brief description and contact information.
- What is the Discovery Meeting? with 2010 Meeting Dates (spring and summer)

Shannon Jamieson Provides legal services for Colors In Motion; offers to advise on legal matters for the Discovery Meeting. New Leaf Legal, LLC.

James Katz Physician for 31 years. My patients have to be successful in their goals in order for me to be successful in my practice. "What we call 'old' is chronic disease that hasn't been treated."

Eva Selhub Physician for 13 years, author of "The Love Response." Seven years ago began studying alternative healing. Discovered that love brings it all together; epigenetics shows us that our genes can change; and love is being scientifically shown to have great healing powers.

Bill Kennedy Upon finding that a hot tea bag remedy gave him relief from painful shingles on his shoulder, says it's clear that it works. Being trained as a physicist, says "I don't believe it," but the evidence is incontrovertible. So as a scientist, yoga practitioner and business advisor, has come to the conclusion that America needs to discover life, liberty, and happiness.

Chris Graefe As Founder and Principal of Bluewhale Studios and multi-media coordinator for Colors In Motion and the Discovery Meetings, Chris has numerous clients in the healthcare industry. He is committed to bringing dynamic multi-media capabilities to the service of people and healthcare.

Jona Bostwick Believes that everyone has the potential to heal if they can become a clear channel for awareness. Offers private sessions and teaches skills to become a medical intuitive.

Liz O'Brien Instructor of yoga to people ranging from young adults to seniors, she has studied in the Expressive Arts curriculum at Salve Regina University and would like to pursue the arts and healing further.

Lisa Wong Pediatrician for 24 years, President of Longwood Symphony Orchestra, whose members are 80% physicians. LSO plays to benefit various organizations and constituencies. For example, they recently played in small groups at Boston hospitals for 800 patients in one day. The LSO has conducted post-performance studies of the effects of their music on patients, performers, and staff. In the spring, they will present the second arts in music symposium, "Crossing the Corpus Callosum 2."

Susan Catherine Collyer 23-year practice as Clairsentient Energy Healer, current Resident Intuitive Healer at Bayside YMCA, RI. Ten years Professional Actress. Personal focus: bringing different healing modalities into the media and supporting The Art of Healing documentary project through networking in the film and entertainment industry.

Sandra Bertman At U Mass Medical School, works in studies of death and dying, and caring for the caregiver. Quote: "He who teaches me to die, teaches me to live."

Joan Drescher Has a passion to bring the arts into healthcare - in particular with The Moon Balloon Project, giving kids and their families the opportunity to express their emotions through art and imagination. Just completed research project on The Moon Balloon, results to be published in 2010.

Adelaide Smith Clinical Social Worker at the Marino Center for Progressive Health. Uses variety of modalities for healing, including a personal experience in using Linda DeHart's Colors In Motion as her sister was dying earlier this year.

Pam Wilkins-Horowitz Educator, connector, builder of success programs. Started the arts program at Children's Hospital in Boston. Recently founded the New England Arts in Healthcare Network, with the goal of setting of a New England Resource Center. Offered expertise in fundraising for the documentary project.

Richard Borofsky As a couples relationship therapist, his fundamental interest in is compassion, which derived from an experience of intense pain from a hip fracture. "Mixing of pain and love is what calls me." Believes that healthy relationships brings health to our bodies.

Linda Kenney President of Medically Induced Trauma Support Services (MITSS), has in the past 10 years pioneered a new culture of disclosure and apology in dealing with medical errors. "I didn't know there were so many

people in healthcare who were not all about the science (as there are in this room)."

Nancy Lippincott From her personal experience of the power of beauty, offers support services for the Discovery Meeting and for Colors In Motion.

Arthur Stowe Studies language, thinking, decisions and mistakes. Consumer, appreciator and observer of art and healthcare.

Rita Cleary Social entrepreneur. Started Visions of a Better World Foundation and Hope in Healthcare. Member of the Brahma Kumaris World Spiritual Organization, who operate Peace Village Learning and Retreat Center in Haines Falls, NY. They seek how to educate people about the spiritual aspects of life and how healthcare can make the world a better place.

Judy Young Sound Poet and Occupational Therapist. Practiced OT for 11 years, then became a software designer. Is now exploring occupational therapy again with a focus on the use of poetry and writing in the healing process.

Holly Campbell Designer of computer networks, websites and databases, Holly is webmaster of the Discovery Meeting website (www.discoverymeeting.org) and Linda DeHart's website (www.dehartart.com).

Susan Bayley Artist, illustrator, graphic designer, marketer. Committed to the Discovery Meeting and bringing the use of the arts into medical treatment pathways as a tool of everyday practice, as a standard protocol. Director of Communications for Colors In Motion.

Linda DeHart Artist dedicated to bringing color into the world. Creator of Colors In Motion DVD, silk paintings, tapestries, and large-scale original works of art for custom commissions. Founder of the Discovery Meeting.

Pattie Heyman Social Worker at Cambridge Hospital Inpatient Medicine for eight years. Supervises expressive therapy interns. Began the Arts and Healthcare Committee at the hospital.

Peggy Fox Therapist, Psychologist for Cambridge Health Alliance, and a painter. Her art and profession were very separate until she began to integrate them in her 50's. Member of the Arts and Healthcare Committee at Cambridge Hospital.

Gail Ellison Writer in Residence at Shands Hospital in Florida. Teaches medical students to use reflective writing in their work. Also a singer, she created a group of singers at the hospital. Assisted in the production of the pilot documentary, "Healing Words: Poetry and Medicine."

David Schachter Graduate of RI School of Design, visual artist and filmmaker. Composer for Colors In Motion DVD.

Pati Stillwater Energy medicine healer through movement, breath and sound, at Stillwater Movement. Pati transformed her own life, eliminating scar tissue from her central nervous system resulting from Multiple Sclerosis, and has no remaining symptoms.

Chris Cutler Hospital Consultant, Principal of Cutler & Co., and former hospital administrator, Chris is a student of stories, pattern and chaos theory. Advisor to Colors In Motion and the Discovery Meeting.

Michael Conforti Jungian analyst, practitioner, and archetypal patterning and screen script consultant. Has deep interest in understanding the human psyche, especially when it has been traumatized. "Healing is not an issue of psychology, it is a moral issue."

James Cavanaugh Documentary filmmaker and visionary. Directed "Healing Words: Poetry and Medicine," pilot film aired nationwide in 2008 on the Public Broadcasting System. Currently developing ten-part documentary, "The Art of Health: Ways of Creativity and Healing in America."

MARK YOUR CALENDAR!

Join us at the next meeting on January 18, 6-9 pm, for:

- Discussions of the Documentary Project – progress on funding and content development – report from James Cavanaugh
- Scope of the Discovery Meeting – what, how long, what is your view?

2010 Discovery Meeting Schedule:

January 18

February 22

March 22

April 19

May 17

June 14

Summer break until September.

For more information and to RSVP:

Susan Bayley at sabayley@cox.net, www.discoverymeeting.org